



7/6/2006

## Local business ready to train young chefs



**Marcia Rios**  
Sun Writer

The **Dinner Station**, a growing business in Corinth offering home-cooked meal solutions for busy families, will soon offer Conductor Camp to young Lake Cities residents and their parents.

According to Veronica Thomison with The **Dinner Station**, at the Conductor Camp, kids and their parents work together to make delicious chicken potpies and dirt cakes. "Afterward, the children will take home their dinner, along with a **Dinner Station** t-shirt, conductor hat, and train whistle," Thomison said.

Children ages 5 and up will learn measuring, following recipes, table setting and table etiquette. According to Thomison, older children 12 and up can participate in the Junior Chef program, where they help parents prepare dinner for the month. They also prepare and take home a free dirt cake.

"Cooking helps develop math and fine motor skills and helps kids develop an essential tool for healthy living. Kids are more willing to try new foods if they help select and prepare them. These are just some of the life-long benefits the Conductor Camp and Junior Chef programs can offer children," Thomison said.